

A Walk From St Denys station to Chandlers Ford station

Start: St Denys Railway Station

Finish: Chandlers Ford Railway Station

Distance: 6 miles approx.

Time: 2-3 hours

A walk between St Denys and Chandlers Ford via River Itchen and the Monks Brook with very little road walking. This walk is not suitable for wheelchairs or pushchairs. There are 4 stiles to cross. Take care when crossing any of the roads.

Leave St Denys Station on the eastern side, turn right into Adelaide Road and walk to the end and turn left into Priory Road. Follow this until you reach Cobden Bridge (A3035). Cross the road and turn right to cross the bridge on the left hand side, on reaching the other side take the footpath on the left down the slope into Cobden Meadows. Follow this path all the way through Riverside Park, keeping the river on your left. When you reach a road (Woodmill Lane) cross over and continue along the path with the river on your left and the pitch and putt course on your right. Eventually you will emerge at an old stone bridge just before the Mansbridge Road, turn left, crossing the river on the bridge, almost immediately turn left along a path away from the road and follow this - there is an open space and children's playground on the left.

The path becomes a pavement and then a path again as it enters woodland with houses on the right. Just before you reach a bridge over a brook, turn right and follow the path through woodland, keeping in the same northerly direction. You will emerge onto High Road (the Swaythling Arch railway bridge will be to your left). Cross over and turn left, in 30m turn right onto a path (Oust before the pub) which goes alongside the Monks Brook. Follow this path, just after you cross a bridge you will emerge onto an open space, go straight across towards the road and then turn right over a stile, follow the path over another stile before turning left and going through the underpass. Go up the steps on the right and follow the path around the edge of the field emerging onto Stoneham Lane. Turn right (take care along here as there is no pavement) until you reach St Nicholas church then turn left up the drive following it until you reach a stile on the right (opposite the large building). Go over the stile and follow the path between the fields through a gate into North Stoneham Park.

Keep on the main path as it bears left and follow to the gate where the drive to the Golf Academy emerges. Cross the main road (Chestnut Avenue) and turn right in about 50m turn left through a cut way between houses to then go across the green into Linnet Square, then across that green to cross Nightingale Avenue and into Woodpecker Way, Follow the road to the bend and then go down the path on the right with the end house on your left before turning left to walk behind the houses along a road with the golf course on your right. At the end of the road go across the grass on your right to cross a stile onto the golf course. Keep left, cross a bridge and go up the slope on to the cycle path, Turn left under the subway and follow the cycle path to the road, cross over turn right and then immediately left into the woods. Follow the path through the woods before emerging onto Bournemouth Road, cross the road and turn right and then left into Templers Mede. Follow pavement on left past the end house onto a grass path and keep straight on (it can be muddy here) until you reach the cycle path. Continue ahead, following the cycle path crossing first Montgomery Way and then Castle Lane before crossing School Lane at the Pedestrian lights, continue along the path until it reaches a T junction (car park opposite), turn right and then follow the path all the way back to the Station.